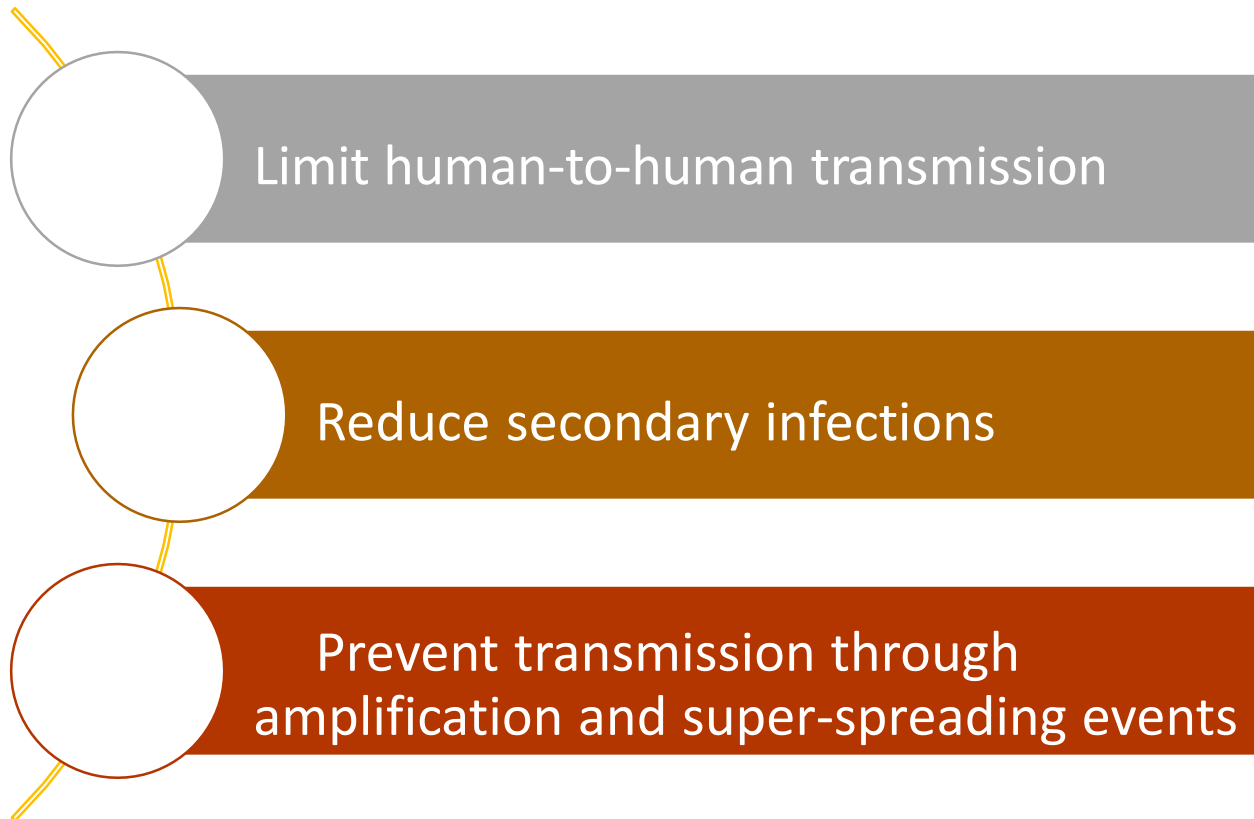


# Knowledge Sharing and use of personal protective equipment

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Mönchengladbach  
Germany

# Infection Prevention and Control and COVID-19



# Outline

**Overview of the natural history of COVID-19**

**Standard precautions Transmission-based**

**precautions Risk evaluation and PPE**

**Requirements for the use of PPE**

**Experience from German Side**

# Outline

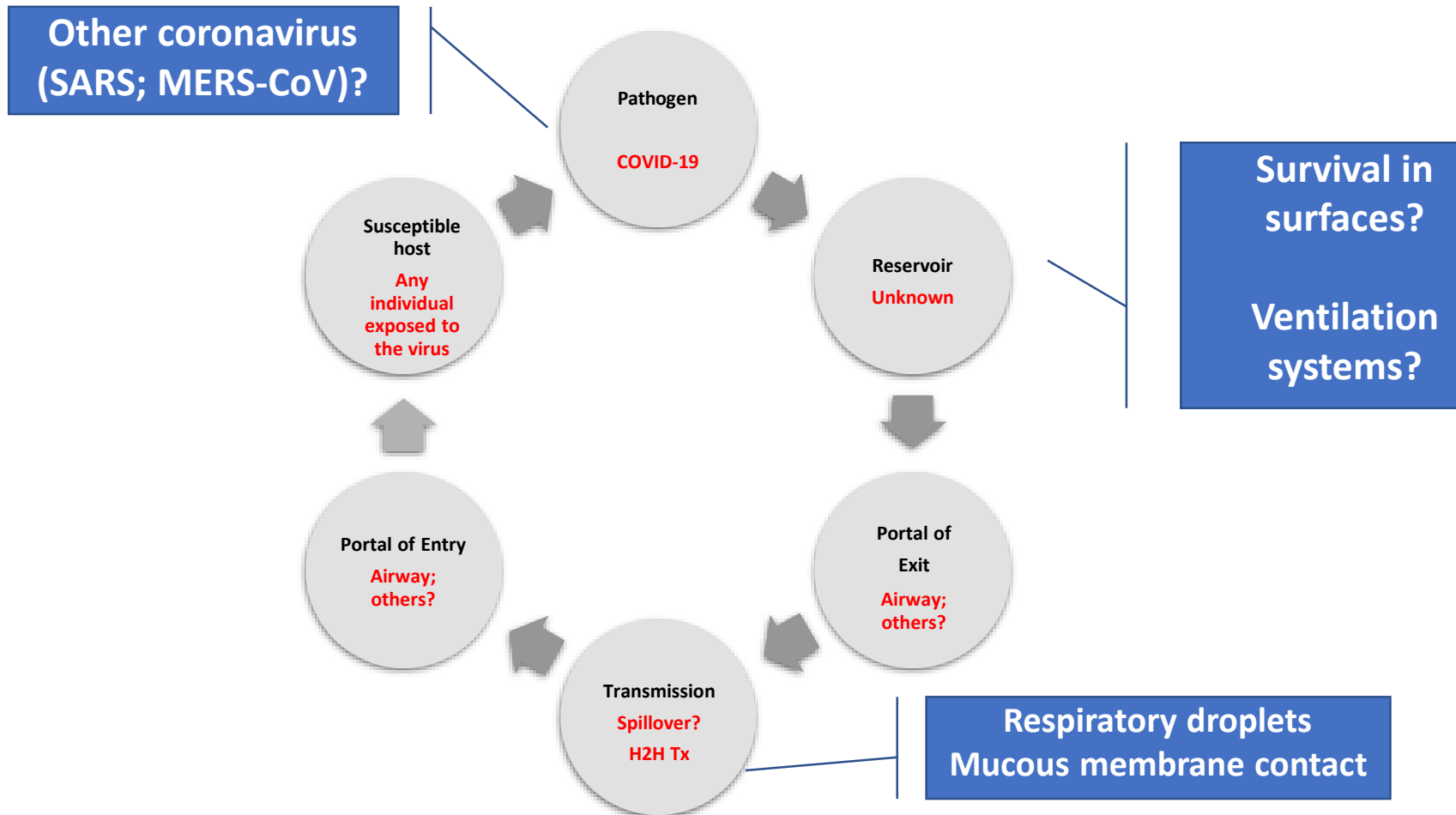
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# Natural history of COVID-19



# Outline

Overview of the natural history of COVID-19

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Requirements for the use of PPE

# Healthcare workers and COVID-19

Research

JAMA | Original Investigation | CARING FOR THE CRITICALLY ILL PATIENT

## Clinical Characteristics of 138 Hospitalized Patients With 2019 Novel Coronavirus-Infected Pneumonia in Wuhan, China

Dawei Wang, MD, Bo Hu, MD, Chang Hu, MD, Fangfang Zhu, MD, Xing Liu, MD, Jing Zhang, MD, Binbin Wang, MD, Hui Xiang, MD, Zhenshun Chang, MD, Yong Xiong, MD, Yan Zhao, MD, Yong Li, MD, Xinghua Wang, MD, Zhijiong Peng, MD

**IMPORTANCE** In December 2019, novel coronavirus (2019-nCoV)-infected pneumonia (NCIP) occurred in Wuhan, China. The number of cases has increased rapidly but information on the clinical characteristics of affected patients is limited.

**OBJECTIVE** To describe the epidemiological and clinical characteristics of NCIP.

**DESIGN, SETTING, AND PARTICIPANTS** Retrospective, single-center case series of the 138 consecutive hospitalized patients with confirmed NCIP at Zhongnan Hospital of Wuhan University in Wuhan, China, from January 1 to January 28, 2020. Final date of follow-up was February 3, 2020.

**EXPOSURES** Documented NCIP.

**MAIN RESULTS AND MEASURES** Epidemiological, demographic, clinical, laboratory, radiological, and treatment data were collected and analyzed. Outcomes of critically ill patients and noncritically ill patients were compared. Presumed hospital-related transmission was suspected if a cluster of health professionals or hospitalized patients in the same wards became infected and a possible source of infection could be tracked.

**RESULTS** Of 138 hospitalized patients with NCIP, the median age was 56 years (interquartile range, 42–68; range, 22–92 years) and 75 (54.3%) were men. Hospital-associated transmission was suspected as the presumed mechanism of infection for affected health professionals (40 [29%]) and hospitalized patients (17 [12.3%]). Common symptoms included fever (136 [98.6%]), fatigue (96 [69.6%]), and dry cough (82 [59.4%]). Lymphopenia (lymphocyte count,  $0.8 \times 10^9/L$  [interquartile range (IQR), 0.6–1.1]) occurred in 97 patients (70.3%), prolonged prothrombin time (13.0 seconds [IQR, 12.3–13.7]) in 80 patients (58%), and elevated lactate dehydrogenase (261 U/L [IQR, 182–403]) in 55 patients (39.9%). Chest computed tomographic scans showed bilateral patchy shadows or ground glass opacity in the lungs of all patients. Most patients received antiviral therapy (oseltamivir, 124 [89.9%]), and many received antibacterial therapy (moxifloxacin, 89 [64.4%]; ceftriaxone, 34 [24.6%]; azithromycin, 25 [18.1%]) and glucocorticoid therapy (62 [44.9%]). Thirty-six patients (26.1%) were transferred to the intensive care unit (ICU) because of complications, including acute respiratory distress syndrome (22 [61.1%]), arrhythmia (16 [44.4%]), and shock (11 [30.6%]). The median time from first symptom to dyspnea was 5.0 days, to hospital admission was 7.0 days, and to ARDS was 8.0 days. Patients treated in the ICU ( $n = 36$ ), compared with patients not treated in the ICU ( $n = 102$ ), were older (median age, 66 years vs 51 years), were more likely to have underlying comorbidities (26 [72.2%] vs 38 [37.3%]), and were more likely to have dyspnea (23 [63.9%] vs 20 [19.6%]), and anorexia (24 [66.7%] vs 31 [30.4%]). Of the 36 cases in the ICU, 4 (11%) received high-flow oxygen therapy, 15 (41.7%) received noninvasive ventilation, and 17 (47.2%) received invasive ventilation (4 were switched to extracorporeal membrane oxygenation). As of February 3, 47 patients (34.1%) were discharged and 6 died (overall mortality, 4.3%), but the remaining patients are still hospitalized. Among those discharged alive ( $n = 47$ ), the median hospital stay was 10 days (IQR, 7.0–14.0).

**CONCLUSIONS AND RELEVANCE** In this single-center case series of 138 hospitalized patients with confirmed NCIP in Wuhan, China, presumed hospital-related transmission of 2019-nCoV was suspected in 41% of patients, 26% of patients received ICU care, and mortality was 4.3%.

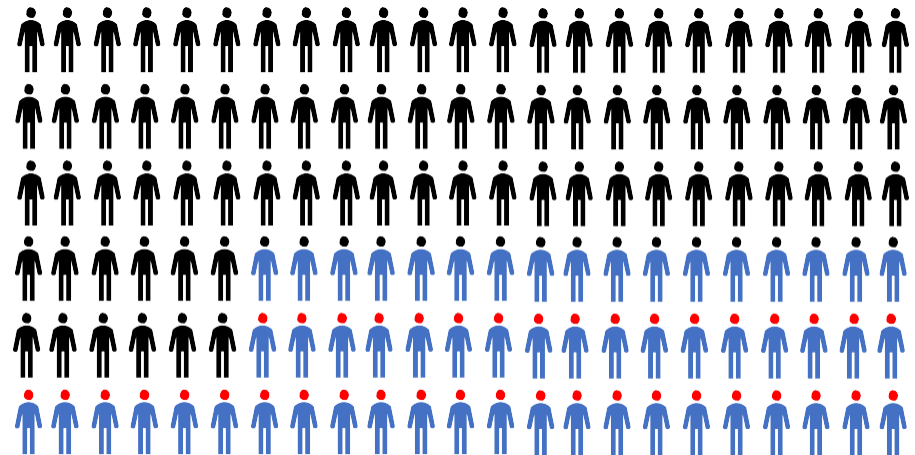
JAMA. doi:10.1001/jama.2020.1585  
Published online February 3, 2020.

**Author Affiliations:** Author affiliations are listed at the end of this article.

**Corresponding Author:** Zhijiong Peng, MD, Department of Critical Care Medicine, Zhongnan Hospital of Wuhan University, Wuhan 430071, Hubei, China (Pzhijiong@whu.edu.cn).

**Section Editor:** Derek C. Angus, MD, MPH, Associate Editor, JAMA (angusdc@jama.assd).

N = 138 confirmed cases COVID-19 on a healthcare facility



N = 81 confirmed case, COVID-19, community



N = 17 confirmed case, COVID-19, during hospital stay



N = 40 confirmed case, COVID-19, healthcare worker

# Standard precautions

*“(...) A **set of practices** that are applied to the care of patients, **regardless of the state of infection** (suspicion or confirmation), in any place where health services are provided. (...)”*



# Standard precautions



**Hand hygiene (water and soap or alcohol-based solutions)**



**Use of personal protective equipment (PPE) according to**



**risk Respiratory hygiene (or cough etiquette)**



**Safe injection practices**



**Sterilization / disinfection of medical devices Environmental**



**cleaning**

# Today's lecture . . .

. . . Our focus will be on the use of **personal protective equipment (PPE)** according to the **risk**



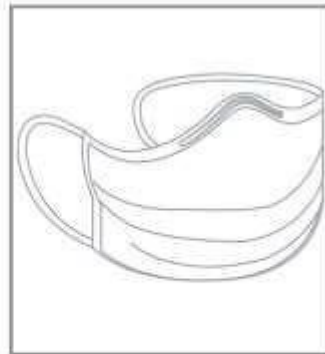
*Hand hygiene*



*Gloves*



*Gown – other types and styles are also appropriate.*



*Medical mask – other types and styles are also appropriate.*



*Protective eyewear - eye visors, goggles, and face shields are examples of protective eyewear*

# Outline

Overview of the natural history of COVID-19

Standard precautions **Transmission-based**

**precautions** Risk evaluation and PPE

Requirements for the use of PPE

# Transmission-based precautions



Contact precaution

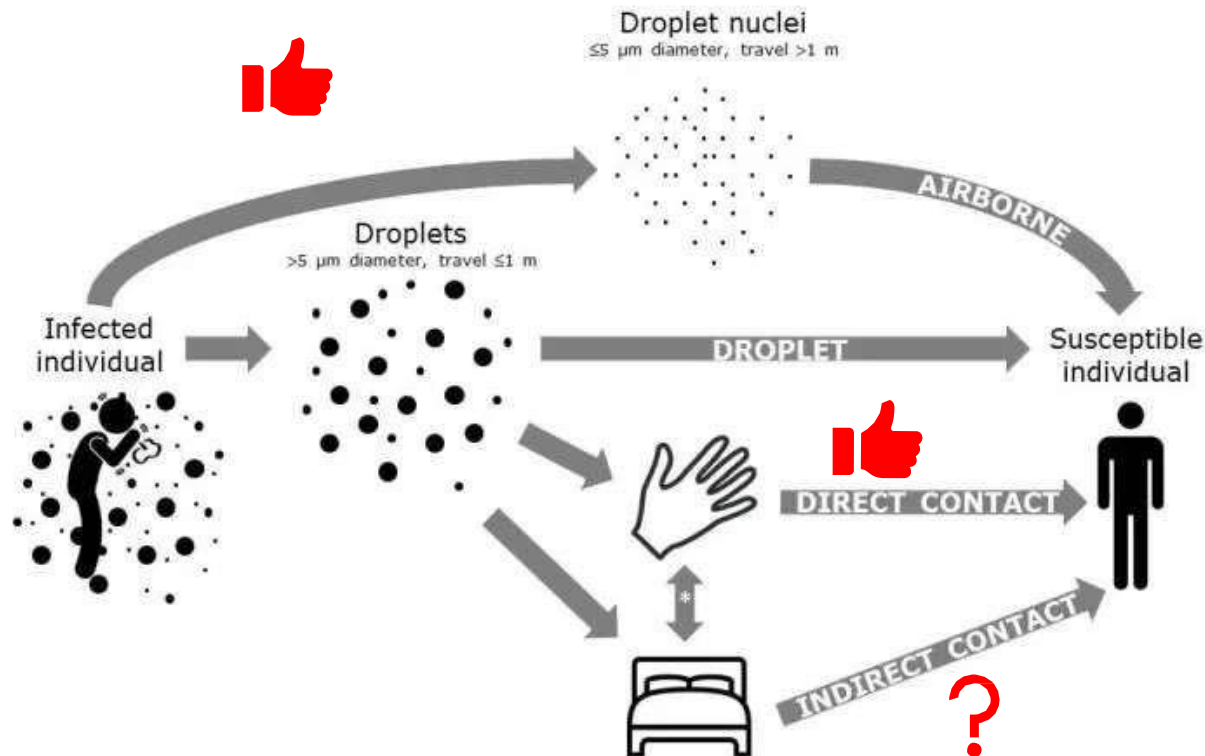


Droplet precaution



Airborne precaution

# As a reminder, transmission of COVID-19



\* Transmission routes involving a combination of hand & surface = indirect contact.

Definition of 'Droplet' and 'Droplet nuclei' from Annex C: Respiratory droplets, in Natural Ventilation for Infection Control in Health-Care Settings, Atkinson J., et al., Editors. 2009: Geneva.

© Jon Otter

# Transmission-based precautions and COVID-19

Scenario	Precaution
For any suspected or confirmed case of COVID-19	<b>Standard + contact + droplet precautions</b>
For any suspected or confirmed case of COVID-19 and aerosol-generating procedure (AGP)	<b>Standard + contact + airborne precautions</b>

# Outline

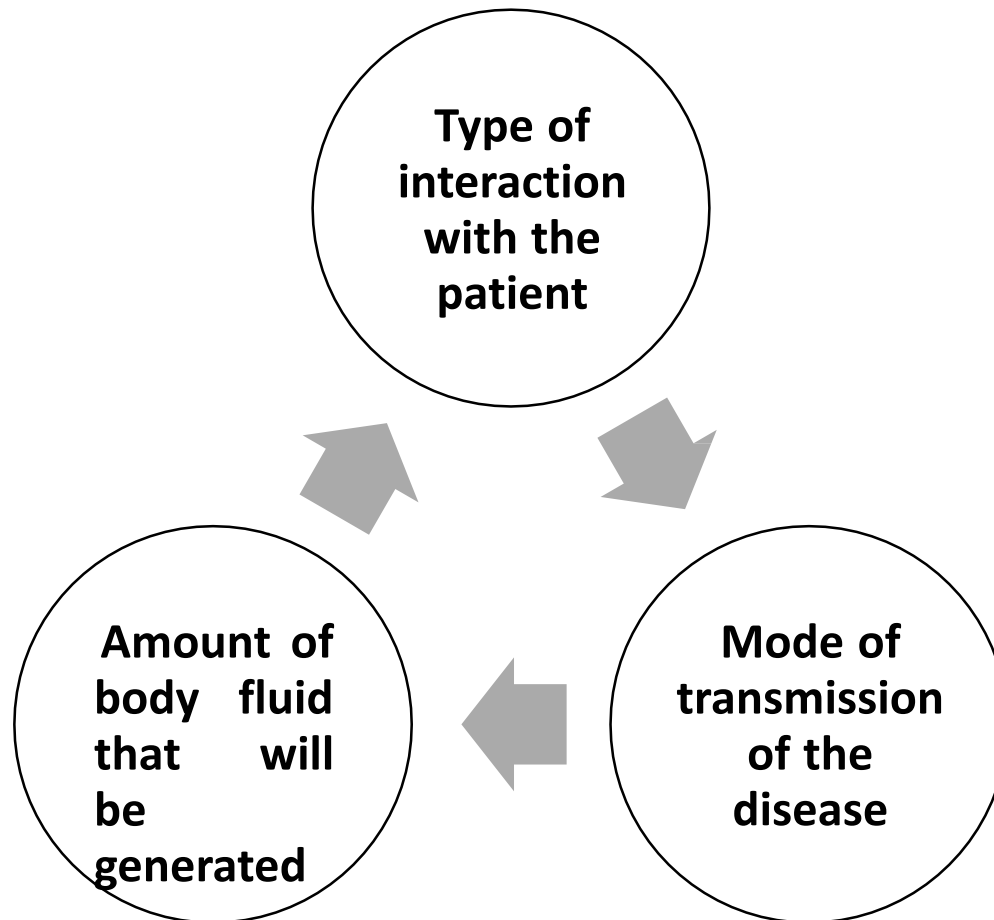
Overview of the natural history of COVID-19

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Requirements for the use of PPE

# Risk evaluation and PPE





# Some questions to consider . . .



**Does the patient fulfill case definition criteria for the disease?**



**What is the infectious agent and its mode of transmission?**



**What type of procedure will the patient be undergoing?**



**Is there any risk of contamination?**



**Where should the patient be located?**



**What type of PPE will need to be used?**

# General principles of PPE



Hand hygiene should always be performed despite PPE use.



Remove and replace if necessary any damaged or broken pieces of re-usable PPE as soon as you become aware that they are not in full working order.

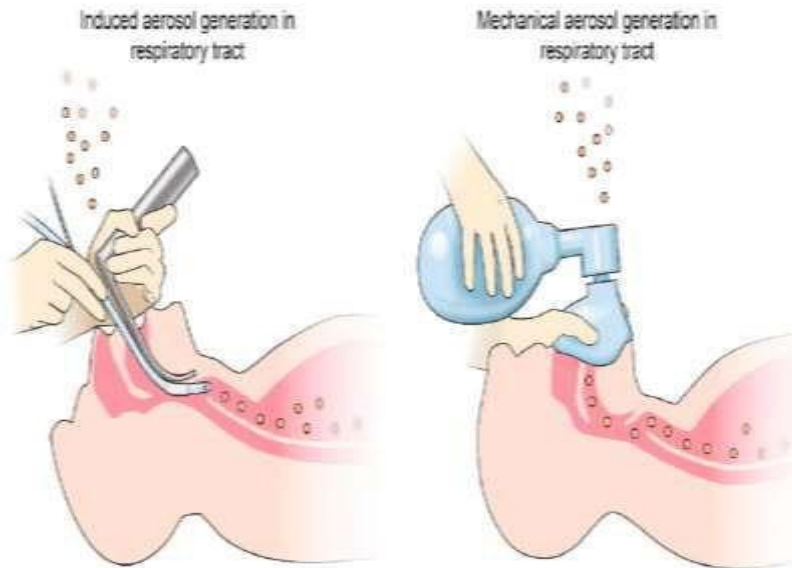


Remove all PPE as soon as possible after completing the care and avoid contaminating the environment outside the isolation room; any other patient or worker; and yourself.



Discard all items of PPE carefully and perform hand hygiene immediately afterwards.

# Aerosol-generating procedures (AGP)



## Aerosol-generating procedures (AGP)

Bronchoscopy

Cardiopulmonary resuscitation

Noninvasive ventilation (BiPAP, CPAP, HFOV)

Surgery

Tracheal intubation

Manual ventilation

Sputum induction

Suctioning

Laser plume

Necropsy

**Number of healthcare providers exposed  
should be limited**

# Outline

Overview of the natural history of COVID-19

Standard precautions Transmission-based precautions Risk evaluation and PPE

**Requirements for the use of PPE**

# Use of PPE according to level of care

Level of care	Hand hygiene	Gown	Medical mask	Respirator (N95 or FFP2)	Goggle (eye protection) OR Face shield (facial protection)	Gloves
Triage	X		X			
Collection of specimens for laboratory diagnosis	X	X		X	X	X
Suspected or confirmed case of COVID-19 requiring healthcare facility admission and NO aerosol-generating procedure	X	X	X		X	X
Suspected or confirmed case of COVID-19 requiring healthcare facility admission and WITH aerosol-generating procedure	X	X		X	X	X



# Atemschutzmaske: Häufige Anwendungsfehler



## Maske nicht über Nase getragen

Kein Schutz, da ungefilterte Atmung durch die Nase.



## Nasenbügel nicht angepasst

Kein Dichtsitz der Maske möglich. Brille beschlägt durch Ausatemluft.



## Maske nicht vollständig entfaltet

Kein Dichtsitz möglich, da Dichtlippe nicht am Kinn anliegt.



## Maske verkehrt herum aufgesetzt

Kein Dichtsitz der Maske möglich.



## Maske um den Hals getragen

Kontamination von Hals und Kinn durch Maske. Kontamination der Maskeninnenseite durch Kittel.



## Maske mit Bart getragen

Kein Dichtsitz bei Barträgern oder stark vernarbter Haut im Bereich der Dichtlippe.



## Haare nicht zusammen gebunden

Kein Dichtsitz im Wangenbereich.



## Maske über Kapuze getragen

Kein Schutz der Schleimhäute durch Maske beim Absetzen der Kapuze.



## Haltebänder falsch positioniert

Kein Dichtsitz, wenn Maske verrutscht.



## Haltebänder verdreht

Haltebänder können drücken. Verleitet dazu, sich mit kontaminierten Händen an den Kopf zu fassen.



## Haltebänder über die Ohren geführt

Haltebänder können drücken. Verleitet dazu, sich mit kontaminierten Händen an den Kopf/an die Ohren zu fassen.



Regelmäßiges Trainieren erhöht die Sicherheit im Umgang mit persönlicher Schutzausrüstung (PSA). Es handelt sich hier um eine beispielhafte Darstellung mit einer faltbaren Atemschutzmaske mit Ausatemventil sowie mit einer Schutzbrille. Andere Modelle von Atemschutzmasken (z.B. Korbmaske, Maske ohne Ausatemventil) oder ein Gesichtsvisor können ebenfalls verwendet werden.



Das Robert Koch-Institut ist ein Bundesinstitut im Geschäftsbereich des Bundesministeriums für Gesundheit

# In summary,

- The use of **personal protective equipment (PPE)** by healthcare workers requires an **evaluation of the risk** related to healthcare-related activities;
- The following precautions are recommended for the care of patients with suspected or confirmed cases of COVID-19:
  - For any suspected or confirmed cases of COVID-19
    - **standard + contact + droplet precautions**
  - For any suspected or confirmed cases of COVID-19 and AGP
    - **standard + contact + airborne precautions**

# Stethoscope Disinfecting—We're Just Not Doing It

Disinfection of stethoscopes: Gap between knowledge and practice in an Indian tertiary care hospital

1 Department of Microbiology, R. D. Gardi Medical College, Ujjain, Madhya Pradesh, India

2 Department of Anatomy, R. D. Gardi Medical College, Ujjain, Madhya Pradesh, India

3 Department of Pharmacology, R. D. Gardi Medical College, Ujjain, Madhya Pradesh, India;  
Division of Global Health, IHCAR, Department of Public Health, Karolinska Institutet, Stockholm, Sweden

**Results:** Out of total 80 stethoscopes, 75 (93.75%) were found to be contaminated with at least one type of microorganism. *Pseudomonas aeruginosa* was the most predominant bacterial species found on stethoscopes, followed by *Bacillus subtilis* (n = 21) and *Staphylococcus* spp. Of total 10 *S. aureus* isolated, 3 were methicillin-resistant *S. aureus* (MRSA). Majority (97%) of the HCWs had good knowledge about the topic, but only 22 (27%) reported to apply it in the practice. Conclusions: Our study confirmed that majority of the stethoscopes were contaminated with microorganisms. Besides having knowledge about the importance of cleaning the stethoscopes, lower percentage of HCWs reported to follow it in practice.

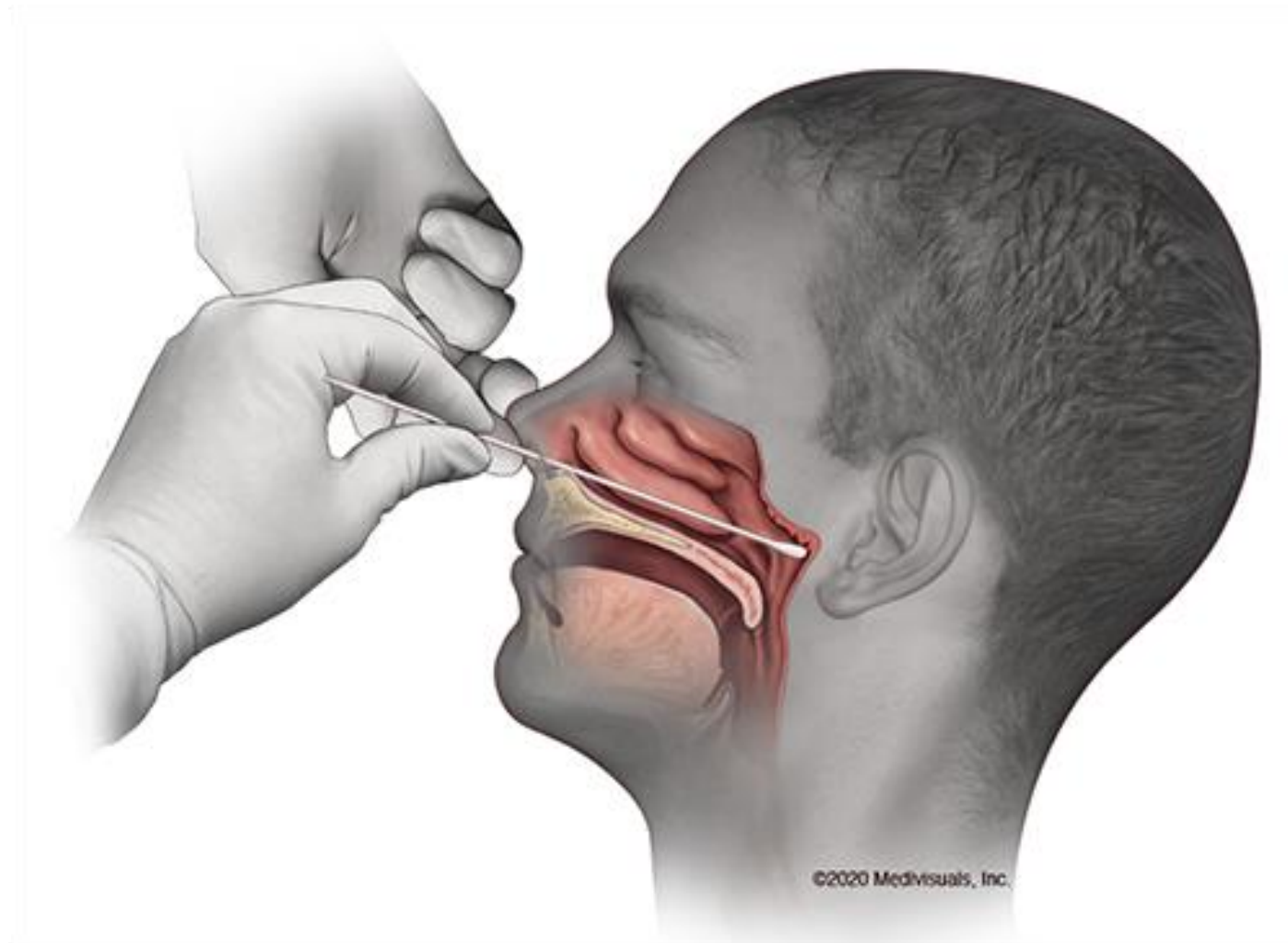
PLEASE DONOT FORGET DISINFECTING STETHS!!



Out of total 80 stethoscopes, 69 (86%) were found to be contaminated with at least one type of microorganism. *Pseudomonas aeruginosa* was the most predominant bacterial species found on 58 stethoscopes, followed by *Bacillus subtilis* (n = 21) and *Staphylococcus* spp. (n = 16). Out of total 10 *S. aureus* isolated, 3 were methicillin-resistant *S. aureus* ( MRSA). Majority (97%) of the HCWs had good knowledge about the topic, but only 22 (27%) reported to apply it in the practice.

Organism	Doctors	Nurses	Total
<i>Pseudomonas aeruginosa</i>	44 (72)	14 (73)	58 (72)
<i>Bacillus subtilis</i>	12 (19)	9 (47)	21 (26)
<i>Staphylococcus aureus</i>	8 (13)	2 (10)	10 (12)
Coagulase-negative <i>Staphylococcus</i>	5 (8)	1 (5)	6 (7)
<i>Pseudomonas stutzeri</i>	1 (1)	—	1 (1)
No growth	8 (13)	3 (15)	11 (13)

# Throat Swab



## Studienlage

- Lopinavir/Ritonavir: randomisierte Studie (n=199), keine signifikante klinische Besserung
- Hydroxychloroquin:
  - Zwei randomisierte Studien, eine zur Senkung der Viruslast, eine klinische – beide ohne klaren Vorteil für HQ
- Remdesivir:
  - Auswertung Compassionate Use Programm, kein Vergleich möglich

## Studienlage

- Lopinavir/Ritonavir: randomisierte Studie (n=199), keine signifikante klinische Besserung

- Hydroxychloroquine (HCQ):

**NO Prophylactic Use of HCQ**

- zwei randomisierte Studien, eine zur Senkung der Viruslast, eine klinische – beide ohne klaren Vorteil für HCQ
- Remdesivir:
  - Auswertung Compassionate Use Programm, kein Vergleich möglich

# Current Goals in Germany

Phase 1: Social quarantine with the aim of slowing down the pandemic and avoiding overburdening of critical care structures, in particular the health care system

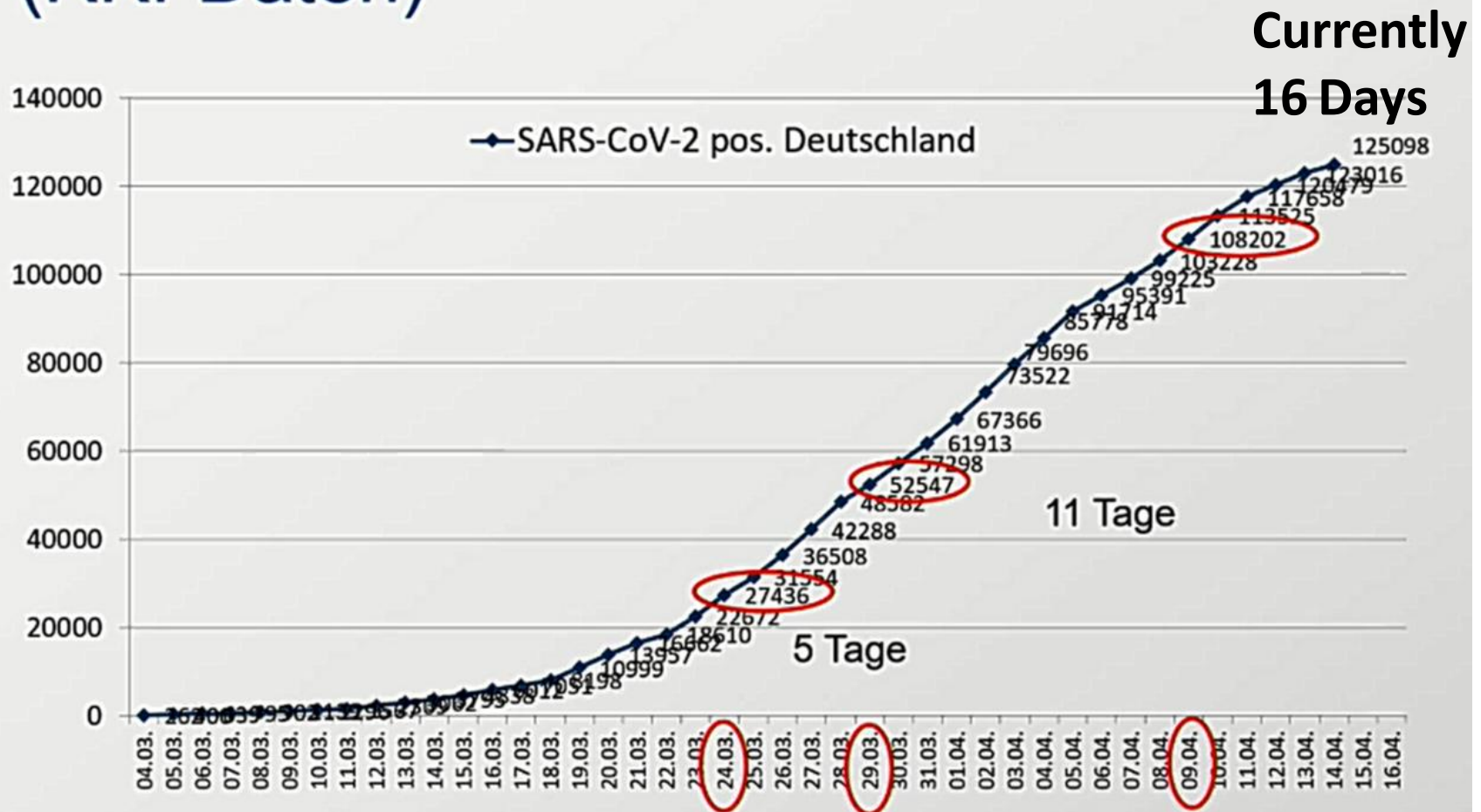
Phase 2: Beginning withdrawal of the quarantization while at the same time ensuring hygienic conditions and behaviors.

Phase 3: Abolition of quarantine Measures while further maintaining hygienic conditions

Phase 4: State of public life as before the COVID-19 pandemic (Status quo ante).

# Epidemiology COVID 19 in Germany

## Epidemiologie COVID-19 Deutschland (RKI-Daten)





# International Comparison As on 01.04.2020

## Test COVID-19: Internationaler Vergleich

Comparison of Testing and Positivity Rate in Countries with Major Outbreaks (as of 04.01. 12 am)

Country	Tests Performed	Confirmed Cases	Positivity Rate
China	N/A	81.518	N/A
South Korea	393.672	9.786	2.5 %
Italy	477.359	101.739	21.3 %
Iran	N/A	44.605	N/A
Japan	32.497	1.953	6 %
United States of America	N/A	164.610	N/A
United Kingdom	134.946	22.141	16.4 %

\* N/A stands for "not available"

**Germany**

**918.460**

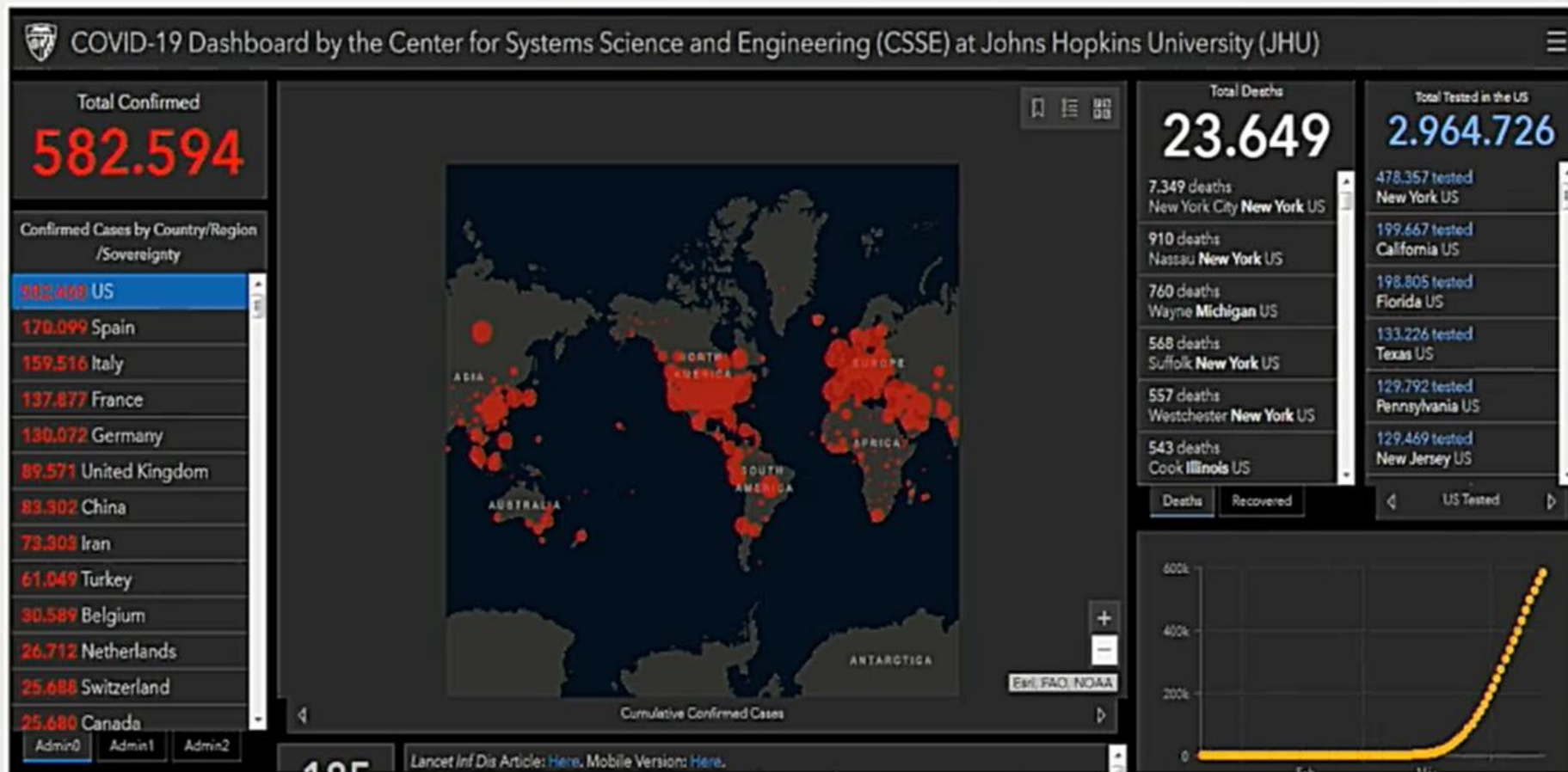
**64.906**

**7,1%**



# Test COVID-19: Internationaler Vergleich

Neue Information auf dem Dashboard Johns Hopkins University



Rate an pos. Tests USA: 19,7 %

## Interconnection of Regional Hospitals

All Hospitals must report  
the Bed Capacity and ICU  
Capacity once Daily

## Aktuelle Belegungssituation intensivmedizinischer Bereiche der Krankenhaus-Standorte Deutschlands

## Länder-Tabelle

	Fälle COVID-19 aktuell in Behandlung	Fälle COVID-19 aktuell beatmet	Prozentualer Anteil beatmeter Patienten	Intensivbetten aktuell belegt	Intensivbetten aktuell frei	Gesamtzahl aktuell betreibbarer Intensivbetten
Total	2,614	1,945	74.4%	15,212	11,245	26,457
Baden-Württemberg	488	356	73.0%	1,855	1,497	3,352
Bayern	667	497	74.5%	2,627	1,509	4,136
Berlin	68	60	88.2%	748	341	1,089
Brandenburg	53	35	66.0%	506	434	940
Bremen	11	6	54.5%	59	68	127
Hamburg	87	65	74.7%	452	302	754
Hessen	186	146	78.5%	1,238	743	1,981
Mecklenburg-Vorpommern	8	6	75.0%	349	254	603
Niedersachsen	136	97	71.3%	1,031	982	2,013
Nordrhein-Westfalen	572	433	75.7%	3,645	2,469	6,114
Rheinland-Pfalz	112	86	76.8%	580	563	1,143
Saarland	60	43	71.7%	196	265	461
Sachsen	42	28	66.7%	604	443	1,047
Sachsen-Anhalt	35	21	60.0%	358	322	680

Krankenhaus-Standort	ICU-Verfügbarkeit			Letzte Erfassung	Kontakt
	Low-Care <sup>1</sup>	High-Care <sup>2</sup>	ECMO <sup>3</sup>		
Klinikum Aschaffenburg-Alzenau gemeinnützige GmbH, Standort Aschaffenburg Am Hasenkopf 1 63739 Aschaffenburg Bayern	●	●		16.04.2020 10:06 Uhr	<a href="#">Kontakte anzeigen</a>
Klinikum Aschaffenburg-Alzenau gemeinnützige GmbH, Standort Alzenau Schloßhof 1 63755 Alzenau in Unterfranken Bayern	●	●		15.04.2020 09:06 Uhr	<a href="#">Kontakte anzeigen</a>
Helios-Klinik Erlenbach, Hauptstandort Krankenhausstraße 45 63906 Erlenbach am Main Bayern	●	●		16.04.2020 07:38 Uhr	<a href="#">Kontakte anzeigen</a>
ISAR Klinikum, Hauptstandort Sonnenstraße 24-26 80331 München Bayern	●	●		15.04.2020 10:13 Uhr	<a href="#">Kontakte anzeigen</a>
Klinikum der Universität München, Klinikum der Universität München - Standort Innenstadt Ziemssenstraße 1 80336 München Bayern	●	●		16.04.2020 08:39 Uhr	<a href="#">Kontakte anzeigen</a>
Maria-Theresia-Klinik				15.04.2020 14:36 Uhr	<a href="#">Kontakte anzeigen</a>

# SARS-CoV-2 Kontaktpersonennachverfolgung

## für medizinisches Personal in Arztpraxis und Krankenhaus bei ausreichender Personalkapazität



### Kontaktperson bestätigter COVID-19-Fälle

Ab zwei Tage vor Auftreten der ersten Symptome  
des bestätigten COVID-19-Falls

#### Kontaktperson Kategorie I

##### Kategorie Ia

- ▶ Hohes Expositionsrisiko
- ▶ Ohne adäquate Schutzausrüstung Kontakt mit Sekreten, gegenüber Aerosolen von COVID-19-Fällen (z. B. bei Bronchoskopie)

##### Kategorie Ib

- ▶ Begrenztes Expositionsrisiko
- ▶ Ohne adäquate Schutzausrüstung Kontakt < 2 m zu COVID-19-Fällen
- ▶ ≥15 Min face-to-face-Kontakt (ohne Exposition wie unter Ia)
- ▶ Grundsätzlich gilt: je länger und enger der Kontakt, desto höher das Risiko

#### Kontaktperson Kategorie III

- ▶ Ohne verwendete Schutzausrüstung und Distanz immer > 2 m sowie bei keiner Exposition gegenüber Sekreten, Körperflüssigkeiten oder Aerosolen
- ▶ Mit verwendeter Schutzausrüstung und < 2 m Abstand



#### Gesundheitsamt

- ▶ Erfassung der relevanten Kontakte und Rangfolge, je nach Exposition



#### Hygienefachpersonal

- ▶ Tägliche Abfrage und Dokumentation des Selbstmonitoring des betroffenen Personals



#### Kontaktperson Ia oder Ib

- ▶ Häusliche Quarantäne für 14 Tage: **Zeitliche und räumliche Trennung von anderen Haushaltsmitgliedern**
- ▶ Einhaltung der Händehygiene und Husten/Niesetikette
- ▶ Gesundheitsüberwachung bis zum 14. Tag: **2x täglich Messen der Körpertemperatur**
- ▶ Führen eines Tagebuchs
- ▶ Tägliche Information an das Gesundheitsamt



#### Kontaktperson III

- ▶ Einsatz in der Patientenversorgung
- ▶ Möglichst mit Mund-Nasen-Schutz
- ▶ Tägliches Selbstmonitoring



#### Personal mit Erkältungssymptomen ohne Kontakt

- ▶ Keine Patientenversorgung
- ▶ Voraussetzungen für Wiederaufnahme der Arbeit:
  - Symptommfreiheit seit mind. 48 Std.
  - Negatives Ergebnis der SARS-CoV-2-Testung

#### SARS-CoV-2-positives medizinisches Personal

- ▶ Keine Patientenversorgung
- ▶ Voraussetzungen für Wiederaufnahme der Arbeit:
  - Symptommfreiheit seit mind. 48 Std.
  - 2 negative SARS-CoV-2-Tests im Abstand von 24 Std.

**CATEGORY I****CATEGORY III****Category Ia**

High risk of exposure

Without adequate protection  
armor contact with  
secretions, towards Aerosols  
from COVID-19 cases (e.g. in  
Bronchoscopy)

**Category Ib**

Limited exposure risk

Without adequate protective  
equipment contact <2 m to  
co-vid-19 cases

≥15 min face-to-face contact  
(without exposure as under  
I a)

Basically, the longer and the  
closer the contact, the more  
higher the risk

**Category III**

Without protective  
equipment used armor and  
distance always > 2 m  
as well as no exposure  
towards secretions, body  
liquids or aerosols

With the protection used,  
armor and <2 m distanc

# Patient care with sufficient HCW

Category Ia and Ib	Category III
<p><b>Health department:</b> Registration of the relevant contacts and ranking, depending on Exposition</p> <p><b>Contact person Ia or Ib</b> Home quarantine for 14 days: <b>temporary and spatial separation from other household members</b></p>	<p><b>Contact person III</b> Allowed further to Work in patient care</p> <p>If possible with mouth-nose protection</p> <p>Daily self- monitoring</p>



## When Sufficient Supply of HCW

### Personnel with cold symptoms without contact

No patient care

Requirements for resuming work:

- Free of symptoms for at least 48 hours
- Negative result of SARS-CoV-2 test

### SARS-CoV-2 positive medical staff

No patient care

Requirements for resuming work:

- Free of symptoms for at least 48 hours
- 2 negative SARS-CoV-2 tests with at least 24 hours interval



# Patient Care with deficiency of HCW

Contact person Ia	Contact person Ib	Contact person III
<p>Home quarantine <b>for at least 7 days</b> and then work with no symptoms only with mouth-nose protection (during total presence at the workplace)</p> <p>Supply ONLY for COVID-19-Patients in exceptional cases</p> <p>Self- observation + documentation (up to 14 days after expo sition) If necessary SARS-CoV-2 testing</p> <p>If symptoms occur, ongoing testing for SARS-CoV-2; <b>if the test is positive see “SARS-CoV-2- positive med. Staff”</b></p>	<p>If there are no symptoms, only work with Mouth and nose protection (throughout Presence at work)</p> <p>If possible, no use in the particularly vulnerable Patient groups Self- observation + documentation (up to 14 days after exposition) If necessary SARS-CoV-2 testing</p> <p>If symptoms occur, ongoing testing COVID-19; <b>if the test is positive see “SARS-CoV-2- positive med. Staff”</b></p>	<p>Use in patient care</p> <p>Daily self- monitoring (up to 14 days after exposure)</p> <p>If possible with mouth-nose protection</p> <p>When symptoms occur When symptoms occur immediate testing on SARS CoV-2; <b>with a positive test see “SARS-CoV-2 positive med. Staff”</b></p>

## Patient Care with deficient HCW or Limited No. HCW

### **Personnel with cold symptoms without contact**

Patient care, prerequisite: Nose-to-mouth protection during the entire presence at the work place

Test for SARS-CoV-2; if pos. **see positive tested "SARS-CoV-2 med. Personal " guidance**

SARS-CoV-2 positive medical staff

In absolute exceptional cases : serve only for COVID-19 patients

With mouth-nose protection during the entire presence at the workplace

Requirements for care of non-COVID-19 patients:

- Symptoms have been free for at least 48 hours and
- 2 negative SARS-CoV-2 tests every 24 hours

# Ventilation Therapy for COVID-19 Pneumonie



Campus für Intensiv- und Notfallmedizin e.V.

## COVID mit ARDS

Beatmung kompakt

### Beatmungsparameterziele

Tidalvolumen	Druckdifferenz (Inspirationsdruck - PEEP)	Beatmungsspitzenndruck	FiO <sub>2</sub>	PEEP
6ml/kgKG	≤ 15mbar	≤ 30mbar	≤ 0,6	Tendenz: hoch

Körpergröße in cm	150	155	160	165	170	175	180	185	190	195
Mann Tidalvolumen (ml)	290	315	340	370	400	420	450	480	505	530
Frau Tidalvolumen (ml)	260	290	315	340	370	400	420	450	480	505

lower PEEP - higher FiO <sub>2</sub>	FiO <sub>2</sub>	0,3	0,4	0,4	0,5	0,5	0,6	0,7	0,7	0,7	0,8	0,9	0,9	0,9	1,0
	PEEP (mbar)	5	5	8	8	10	10	10	12	14	14	14	16	18	18 - 24
higher PEEP - lower FiO <sub>2</sub>	FiO <sub>2</sub>	0,3	0,3	0,3	0,3	0,4	0,4	0,5	0,5	0,5 - 0,8	0,8	0,9	1,0	1,0	
	PEEP (mbar)	5	8	10	12	14	14	16	16	18	20	22	22	24	

Best practice Hinweis: Bei kompromittierter Hämodynamik: entscheide Dich zunächst für den geringeren PEEP!  
Bei adipösem Patienten: entscheide Dich für den höheren PEEP und orientiere Dich anhand der Compliance!

Senke erst das FiO<sub>2</sub> dann den PEEP!

### Blutgasanalyse Ziele

PaO <sub>2</sub>	SO <sub>2</sub>	PaCO <sub>2</sub>	pH
60-80mmHG	90-94%	≤ 70mmHg	≥ 7,2

### Oxygenierungsstörung

Oxygenierungsindex ≤ 150 mmHG  
trotz hoher PEEP Einstellung und Ausschluss anderweitiger Ursachen



Bauchlage

Checkliste Bauchlagerung



180° ist besser  
als 135°

16 Stunden Bauchlage  
4 Stunden Pause

Rechne mit  
mehrmaligen  
Bauchlagen

Ende der Bauchlagetherapie:  
Oxygenierung in Bauchlage = in Rückenlage  
+ FiO<sub>2</sub> < 0,6

Oxygenierungsindex trotz Bauchlage < 80 mmHg: ECMO erwägen

### Decarboxylierungsstörung

- ✓ Erhöhe die Beatmungsfrequenz
- ✓ Entferne die „Gänsegurgel“
- ✓ ECMO?

### Generelle Hinweise

- ⊘ Keine pauschale Relaxierung
- ⊘ Keine antibakterielle Prophylaxe
- ⊘ Keine pauschale Kortisontherapie
- ⊘ Keine pauschale Spasmolykatherapie

! Strebe eine Negativbilanz an !

# Ventilation Therapy for COVID-19 Pneumonie

**Campus für Intensiv- und Notfallmedizin e.V.**

## COVID mit ARDS

Beatmung kompakt

### Beatmungsparameterziele

Tidalvolumen	Druckdifferenz (Inspirationsdruck - PEEP)	Beatmungsspitzenenddruck	FiO <sub>2</sub>	PEEP
6ml/kgKG	≤ 15mbar	≤ 30mbar	≤ 0.6	

Körpergröße in cm	150	155	160	175
Mann Tidalvolumen (ml)	290	315	340	400
Frau Tidalvolumen (ml)	240	265	290	350

lower PEEP - higher FiO<sub>2</sub>

pH ≥ 7.2

→ Bauchlage

Checkliste Bauchlagerung

Rechne mit **mehrmaligen** Bauchlagen

Ende der Bauchlagetherapie:  
Oxygenierung in Bauchlage = in Rückenlage  
+ FiO<sub>2</sub> < 0.6

4 Stunden Bauchlage  
4 Stunden Pause

Oxygenierungsindex trotz Bauchlage < 80 mmHg: ECMO erwägen

### Decarboxylierungsstörung

- ✓ Erhöhe die Beatmungsfrequenz
- ✓ Entferne die „Gänsegurgel“
- ✓ ECMO?

### Generelle Hinweise

- ⊗ Keine pauschale Relaxierung
- ⊗ Keine antibakterielle Prophylaxe
- ⊗ Keine pauschale Kortisontherapie
- ⊗ Keine pauschale Spasmolytikatherapie

**! Strebe eine Negativbilanz an !**

1. Early Intubation with proven Hypoxia
2. Avoid non invasiv Ventilation bei COVIDs
3. Absolute Lung protectiv Ventilation under atleast hourly Monitoring of ABGs
4. Broad Spectrum Antibiotics always Procalcitonin Controlled and proven Bacterial Super Infection Daily SOFA Score Assessment for Prognosis

# Take Home Message

1. Motivate the Staff with proper Insights and Educating them correctly. **And important repeatedly.**
2. Prepare the Standard SOPs for your Clinic / Hospital
3. Every Healthworker irrespective of currently treating the COVID Patients or not must be prepared for the case of Replacement of the Staff due to any reason or Catastrophe
4. Mandatory documentation for the Proof of Training about the SOPs and having been educated for the Personal Hygiene to avoid future Conflicts.
5. Providing adequate PPE for the Workers Safety must be the Responsibility of the Hospital Administration.
6. Appropriate Disposal to prevent further Spread.





” THE  
**TIME IS ALWAYS**  
RIGHT .....

TO DO WHAT

IS **RIGHT**

”

Thank you!

